

ACTIVITY PROGRAMME FOR A YOUTH WORKER MOBILITY

Activity n°	A1."ESYL Training"				
Participating organisations	1.YMCA Nederland-The Netherlands; 2.YMCA Bitola- Former Yugoslav Republic of Macedonia; 3.FEDERATIA YOUNG MEN'S CHRISTIAN ASSOCIATIONS - Romania; 4.Suomen Nuorten Miesten Kristillisten Yhdistysten Liitto ry - Finland; 5. EVROPSKA ALIANCE YMCA - Czech Republic; 6. KFUM Umeå - Sweden; 7. ALLIANCE NATIONALE DES UNIONS CHRETIENNES DE JEUNES GENS DE FRANCE - France; 8. Don Bosco Rijswijk - Nederland				
Venue			Duration		
City	Country	Start date	End date	Activity duration (excluding travel days)	Travel days
Leusden	The Netherlands	20-5-2020	24-5-2020	4	1
Activity Programme					
Timetable	Activities	Non-formal & Informal learning methods used			
DAY 0					
PM	arrival of trainers	Overall method: confrontation Erasmus+ and project objectives			
	explanation of program, dividing last tasks	explanation of goals, checking if trainers are prepared			
DAY 1					
AM	Arrivals				
PM	Introduction to project: team, program, agreements / logistical information overall goals	Presentation and discussion in plenary			
	ORIENTEERING AND SAFETY RULES IN THE VENUE. LOGISTIC INFORMATION	GUIDED TOUR, DEMONSTRATION, PRACTICE			
	Get to know each other: names and organisational background	Interactive games: ice-breakers, name games			
	Introduction to Erasmus+. Youthpass	Presentation and discussion game teaching about Competencies			

DAY 2		
AM	Theme: "Behaviour of children"	
	Workshop 1: Bullying or teasing	Methodology used by YMCA Nederland, very comparable with KiVa, presentation, practical
	participants learn difference between bullying and teasing, to reconize different roles of bullying in the group, how to make succesfull internventions	discussion, examples, interactive
	Workshop 2: Working with difficult behaviour of children	Workshop about best practices and differences between 'isnt able to, doesn't want to, doesn't dare to'
	* participants learn differences between 3 basic reasons of child behaviour, and ways to react to these reasons	Pedagogique-insight, discussion, small workgroups, role-playing
PM	Workshop 3: Team-building techniques	(participants workshop, peer to peer)
	* participants learn easy-to-use assignments for team building, and the background theory behind it	Team-building games, with focus to do on summer camps and/or in youth work
	Workshop 4: Changing group behaviour with group dynamics	(participants workshop, peer to peer)
	* participants learn how the phase of which the group is in, changes the sort of leadership that is needed, and the challenges the group has, especially in relation of each other	interactive presentation, combined with practical activities, that link to the theory, discussion of each other
	Workshop 5: Jump, run, walk or listen!	(participants workshop, peer to peer)
	* participants learn easy-to-use challenges, to influence the mood and attitude of children.	Short activities and games, with focus to do on summer camps and/or in youth work
	Evening reflections and sharing in small groups	Sharing in small groups
	Intercultural presentations	Story telling
DAY 3		
AM	Theme: "(social) safety on camp"	
	Workshop 1: Working with Risk on Summer Camps	
	*Participants learn about how risk management works, how to estimate risk of activities, and how to plan interventions to lower risk and make activities more safe	Comparing common risk-models (basic also used in technical and chemical engineering), practice with real activities to plan & interventions - analysis, theory, conclusions.
	Workshop 2: Social safety in Youth Work	
	*Participants learn that most important part in safety is the feeling of safety. And discover in small groups what is needed to give a feeling of saferty	small work groups, discussion, policies, link with theory of group dynamics

PM	(choice A) Workshop 3: (Social) safety in practise!	
	*Participants learn a number of challenging activities, where there is risk, trust and confidence at play, usefull in summer camp, also links with group dynamics	Series of outdoor/adventure activities, linking with workshop 1 and 2 of this day, based on adventure education
	(choice B) Workshop 4: Child Safety	
	*Participants learn how to prevent children from various forms of abuse	Presentations of laws, policies and procedures. Sharing their practices that may be complementary
	Evening reflections and sharing in small groups	Sharing in small groups
	Intercultural presentations	Night games & camp songs.
DAY 4		
AM	Theme: "safety in being a role model"	knowing theory of safety is good, but reflecting on your own behaviour, and how that works with others is much better!
	Workshop 1: leadership & role model	
	*Participants learn about self-assessment, feedback, skills and awaress	Confrontation of models and practice, some role play and case studies
	Workshop 2: Diversity and inclusion on camps	
	*Specific training requirements for staff working with immigrants and minorities	Presentation & best practices in working with different cultures and minorities, discussion
PM	Workshop 3: Practice what you preach!	
	*Participants do a challenge assignment, to practise about role models, leadership and cultural awareness	Practical challenge between small teams of participants, to practise parts of leadership, discussion, teamwork, learning by doing
	Evening reflections and sharing in small groups	Sharing in small groups
	Intercultural presentations	Camp fire and camp games
DAY 5		
AM	Evaluation	
	*Youthpass completion	Verifying the competences specified on the first day
	*giving certification	
	*Plenary feedback	Evaluation through games to evoke first impression
	All the Camping People	
PM	Checking out Departures	